


















DELTA FITNESS

GROUP X - CLASS SCHEDULE

Fall 2020

	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
5:30 AM		 Lindy		 Lindy		 Lindy	
8:00 AM							STEP COMBO Kelli N. @ 8:15 AM
9:00 AM		 Nicole	 Nicole	 Nicole	 Kelli	 Michael	
9:30 AM							 Kelli
10:15 AM			 Nicole		<i>Pilates</i> Nicole	 Debbie	
10:30 AM	 Cynthia						
11:30 AM			 Jennifer		 Jennifer		
4:30 PM							
5:00 PM							
5:30 PM		BodyFIT Mariah	 Kelli	<i>Dance Fusion</i> Keiki	 Dana		
6:45 PM				 Sona			

Effective 9/20/2020